



Race Crew Volunteer Assignments

How are positions assigned?

All positions are assigned in-person at Volunteer Check In when your shift begins. We do this to remain as flexible as possible. This helps ensure that our participants have a great experience. If you do have a position preference, please let us know when you check-in for your shift.

What positions are available?

Below is a description of every position available at each of the volunteer shifts. **Please note that not all positions and shifts listed below will be available in every city.** For a complete listing of available shifts, please refer to the website or to the online registration system.

Health & Fitness Expo:

Setup (Wednesday or Thursday only – varies by event)

A behind-the-scenes look at the Expo before it is set up! Race Crew Volunteers are needed to help setup the participant T-shirt area and sometimes the Participant Check In area.

Participant Check In / Registration

Race Crew Volunteers are needed to issue registered participants their race numbers and packets of important information. [GREAT FOR GROUPS OF 20-30 \(VARIES BY EVENT\).](#)

T-shirts & Swag Bags

Race Crew Volunteers are needed to distribute race participant T-shirts and swag bags. [GREAT FOR GROUPS OF 10-15.](#)

Souvenir Store

Race Crew Volunteers are needed to stock souvenirs and clothing, as well as assist participants within the store. Race Crew volunteers will not be asked to work with a register or handle cash.

Greeters

Race Crew Volunteers are needed to greet excited participants as they enter the Expo and answer FAQs.

Start Line:

Start Corrals

Each corral is numbered and corresponds with the participant's number (based on estimated finishing time). Race Crew Volunteers are needed to direct participants to the correct corral and to see them off! GREAT FOR LARGE GROUPS OF 20-50 (VARIES BY EVENT).

Gear Check

Each participant is issued a gear bag to be used for any personal items. Race Crew Volunteers are needed to assist participants with checking their gear bags and placing them in the correct numerical order. GREAT FOR GROUPS OF 20-50 (VARIES BY EVENT).

Refreshments Tents

Race Crew Volunteers are needed to set up and distribute water, Gatorade, fruit, and other refreshments to participants before the start of the race.

Informational/Directional

Race Crew Volunteers are needed to point participants in the right direction on race morning. The Start Line venue can be overwhelming, so we need outgoing, vocal volunteers.

Shuttle Drop-off

Race Crew Volunteers are needed to help participants de-board the shuttles from various drop-off locations and direct them to the Start Line.

Runner Drop-off

Race Crew Volunteers are needed to play air traffic controller for the day! Volunteers with strong voices will direct participants and cars in the Runner Drop-off zone on race morning.

VIP Gear Check

Race Crew Volunteers are needed to setup and collect VIP gear bags from participants and place them numerically.

Medical Tents

Volunteers are needed to staff medical tents and assist runners with minor injuries in the Start Line area. ****Please note that Medical volunteer registration is separate from Race Crew Volunteer registration.***

Finish Line:

Gear Return

Race Crew Volunteers are needed to facilitate the organization of gear check bags, and return gear bags to each participant. [GREAT FOR GROUPS OF 20-50 \(VARIES BY EVENT\).](#)

Secure Zone Refreshments

Race Crew Volunteers are needed to distribute water, Gatorade, fruit, PowerBar, Chocolate Milk, and other food items after participants cross the Finish Line. [GREAT FOR GROUPS OF 25-50.](#)

Medals

Race Crew Volunteers are needed to award a finisher's medal to each participant that crosses the Finish Line.

VIP Gear Return

Race Crew Volunteers are needed to facilitate the organization of gear check bags, and return gear bags to each VIP participant.

Shuttle Pick Up

Race Crew Volunteers are needed to assist participants boarding the shuttles pre and post-race.

Timing

Race Crew Volunteers are needed to keep time on hand-held stopwatches to ensure the accuracy of the official participant race times.

Medical Tent

Volunteers are needed to staff medical tents and assist runners with minor injuries in the Finish Line area. ****Please note that Medical volunteer registration is separate from Race Crew volunteer registration.***

On Course:

Water Stations

Race Crew Volunteers are needed to hand out water, Gatorade and Gu along the course. Groups may also brand/theme their stations (with approval from the Rock 'n' Roll Marathon Series). Please direct any questions to the Volunteer Coordinator. [GREAT FOR GROUPS OF 20-50.](#)

Relay Transition Zone

Race Crew Volunteers are needed to help setup the on-course relay transition zone, as well as direct participants. [GREAT FOR GROUPS OF 10-20.](#)

Split Point

Race Crew Volunteers are needed to direct participants at any point at which courses diverge. The goal of this group is to ensure that all participants stay on the correct course. [GREAT FOR GROUPS OF 5-10.](#)